

## REWARDS FOR WELLNESS

# Earn \$100 co-share credit!!!\*

**Read the “Eating Mediterranean” online tutorial between December 22, 2014 and January 16, 2015. Complete the review quiz at [www.wellness.ri.gov](http://www.wellness.ri.gov) by January 16<sup>th</sup> and earn \$100 co-share credit.\***

**If you do not have access to a computer, please contact your Human Resource Department for assistance. After submitting your quiz answers online, print the “Eating Mediterranean” Tutorial confirmation page for your records. You will receive your incentive credit in the paychecks you receive on February 13<sup>th</sup> & 27<sup>th</sup>.**



\* All State of Rhode Island employees are eligible to participate in Rewards for Wellness programs and screenings, but only employees who are paying the State employee medical co-shares that are posted at [www.employeebenefits.ri.gov](http://www.employeebenefits.ri.gov) are eligible to receive incentives for co-share credit.